

Monday

Tuesday

Wednesday

Thursday

Friday

3
10:00 Daily News Flash
10:15 Ping Pong Toss/ Skip-Bo/
Scenic Drive 
11:30 Sittercise
1:30 Horseshoes/ Who, What, When/
Green Thumbs

4
10:00 Daily News Flash
10:15 Ring Toss/ Yahtzee/
Jewelry Making
11:30 Sittercise
1:15 Paulette Entertains/
Glamour


5
10:00 Daily News Flash
10:15 Bunco/ Short Story Club/
Sticky Ball
11:30 Sittercise
1:15 Phase 10/ Scrapbooking/
Rocket Birdie

6
10:00 Daily News Flash
10:15 Hoy Card/ Penny Ante/
Dollar Tree Shopping
11:30 Sittercise 
1:15 Ring Toss/ Juka/
Green Thumbs

7
10:00 Daily News Flash
10:15 Devotions/ Crazy 8's/
Bowling
11:30 Yoga with Perry
1:15 Music with Peggy/
Woodworking

10
10:00 Daily News Flash
10:15 Bean Bag Toss/ Yahtzee/
Centerpiece Making
11:30 Sittercise
1:30 Columbus Day Trivia/
Cross the Ocean/ Green Thumbs

11 **Fall Ball**
Join us in your favorite fall colors
because it is time to celebrate the
season with the Fall Ball! Enjoy the
sights and sounds of the season with
baking, festive games, and special
entertainment by the Clarinet King!

12 
10:00 Daily News Flash
10:15 Pictionary/ Dice Roulette/
Lunch Outing Einstein Bagels
11:30 Sittercise
1:15 L.C.R. Dice/ Umbrella Toss/
Life Long Learning "Route 66"

13
10:00 Daily News Flash
10:15 Card Toss/ Marinetti Dice/
Through the Window
11:30 Sittercise
1:15 Country Cousins/
Green Thumbs

14
10:00 Daily News Flash
10:15 Devotions/ Springball/
The Password is...
11:30 Yoga with Perry
1:15 Can Shootout/ Creative Cooking/
Bunco

17
10:00 Daily News Flash
10:15 Woodworking/ On Cloud 9/
Shuffleboard
11:30 Sittercise
1:30 Family Feud/ Scrabble/
Green Thumbs

18 
10:00 Daily News Flash
10:15 Penny Pitching/ Beat the Clock/
Family Dollar Shopping
11:30 Sittercise
1:15 Football Toss/ Time Slips/
Bunco

19
10:00 Daily News Flash
10:15 Floor Yahtzee/ Jeopardy/
No Bake "Mediterranean Dip"
11:30 Sittercise
1:15 Ring Toss/ L.C.R. Dice/
Help Decorate for Halloween!


20
10:00 Daily News Flash
10:15 What's My Line/ Scattergories/
Hand Massages
11:30 Sittercise
1:15 Music with Phil and Mary/
Green Thumbs

21 **October Birthday Celebration!**
10:00 Birthday Horoscope
10:15 Devotions/ Birthday Baking/
Birthday Party Games
11:30 Sittercise
1:15 Music with Tim Anderson/
Birthday Sensory Stimulation

24
10:00 Daily News Flash
10:15 Ice Breaker/ Uno/
Halloween Crafting
11:30 Sittercise
1:30 Can Shootout/ Up Words/
Green Thumbs

25
10:00 Daily News Flash
10:15 Bowling/ Blackjack/
Making "Chocolate Cookie Popcorn"
11:30 Sittercise
1:15 Name that Tune/ Sequence/
Pinterest Creations

26
10:00 Daily News Flash
10:15 Library Land with Ted/
Mad Libs
11:30 Sittercise
1:15 Ring Toss/ Skip-Bo/
Window Cling Art

27
10:00 Daily News Flash
10:15 Hoy Card/ All Boxed In/
Jimmy Johns Lunch Outing
11:30 Sittercise 
1:15 Country Cousins/
Green Thumbs

28
10:00 Daily News Flash
10:15 Devotions/ Lawn Darts/
Bunco
11:30 Yoga with Perry
1:15 Farkle/ Bingo/
Pumpkin Decorating

31 **Halloween Celebration!**
Come One Come All to our
Sooktaccular Halloween Celebration!
We will be having games, a costume
contest, face painting, crafting, and
baking. Join us for the day of fun and
some Halloween surprises!



OCTOBER

Susan J. Rheem Adult Day Center
3407 N. Windsong Drive Prescott Valley, AZ 86314
(928) 775-3563 * www.adultcareservices.com