

DOWNSTAIRS

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY!</p> <p>Sally S: 11/9 Victoria H: 11/11 Carolyn G: 11/30</p> 		<p>1 10:00 Town Ride 1:30 Small Group Activities 3:00 Table Games</p>	<p>2 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Table Games 2:15 Ice Cream Social!  3:00 Art & 1x1s</p>	<p>3 10:00 Spiritual Service w/Dan 11:00 Word Games 1:30 Games w/ John 3:00 Music with Tim</p>	<p>4 10:00 <i>1x1 Visits</i> 1:30 Puzzles & 1x1s 2:15 <i>Popcorn Party</i> 3:00 Table Games</p>	<p>5 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p>
<p>6 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p>	<p>7 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>8 10:00 <i>Exercise</i> 10:30 Catholic Service 11:00 Word Games 1:30 Small Group Activities 3:00 Music with Phil & Mary</p>	<p>9 10:00 <i>Exercise</i> 10:30 Trivia/Disc 11:00 Pam & Frankie Pet Visit 1:30 Table Games 2:15 Ice Cream Social!  3:00 Art & 1x1s</p>	<p>10 10:00 Spiritual Service w/Dan 11:00 Word Games 1:30 Games w/ John 3:00 Music w/Kirk</p>	<p>11  10:00 <i>1x1 Visits</i> 1:30 Puzzles & 1x1s 2:15 <i>Popcorn Party</i> 3:00 Table Games</p> 	<p>12 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p>
<p>13 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p> 	<p>14 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p> <p>PUMPKIN</p>	<p>15 10:00 <i>Exercise</i> 10:30 Pumpkin Toss 11:00 Word Games 1:30 Small Group Activities 3:00 Music with Meg</p> 	<p>16 10:00 Town Ride 1:30 Table Games 2:15 Ice Cream Social!  3:00 Music w/ Lena</p> <p>FESTIVAL</p>	<p>17 10:00 Spiritual Service w/Dan 11:00 Word Games 1:30 Games w/ John Small Group Activities 3:00 Table Games</p> 	<p>18 10:00 <i>1x1 Visits</i> 1:30 Puzzles & 1x1s 2:15 <i>Popcorn Party</i> 3:00 Table Games</p> <p>WEEK!</p>	<p>19 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Classical Piano w/ Nancy Dubow 3:00 Movie</p> 
<p>20 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p>	<p>21 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>22 10:00 Trivia/Disc 10:30 Native American Flute Music w/ Sue Daniel 1:30 Small Group Activities 3:00 Table Games</p>	<p>23 10:00 <i>Exercise</i> 10:30 Trivia/Disc 11:00 Pam & Frankie Pet Visit 1:30 Table Games 2:15 Ice Cream Social!  3:00 Art & 1x1s</p>	<p>24  8:00 Macy's Thanksgiving Day Parade & 1x1 visitations/Gratitude's 1:30 "Miracle on 34th Street" & Small Group Activities</p> 	<p>25 10:00 <i>1x1 Visits</i> 1:30 Puzzles & 1x1s 2:15 <i>Popcorn Party</i> 3:00 Table Games</p>	<p>26 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p>
<p>27 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p>	<p>28 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>29 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Games 1:30 Small Group Activities 3:00 Table Games</p>	<p>30 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Table Games 2:15 Ice Cream Social!  3:00 Art & 1x1s</p>	<p>Cognitive Word Games: Hangman, Name 10, Family Feud, Opposites, Lists, Trivia</p> <p>20 Questions: States/Capitals, Words from Words</p> <p>Table Games: Uno, Dominoes, Bingo, Dice Games, Bunco, Headbanz, Cards</p> <p>Table Activities: Crafts, Coloring, Puzzles, Trivia, Discussions, Choices, Reminiscing</p>		

UPSTAIRS

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY!</p> <p>Sally S: 11/9 Victoria H: 11/11 Carolyn G: 11/30</p> 		<p>1</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>2</p> <p>10:00 Town Ride 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>3</p> <p>10:00 Spiritual Service w/Dan 11:00 Group Activity 1:30 1x1 Activities 3:00 Music with Tim</p>	<p>4</p> <p>10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection/ Coloring or Sensory Activity</i> 3:00 Table Activities</p>	<p>5</p> <p>10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 Movies</p>
<p>6</p> <p>10:00 Free Time 1:30 Small Group Activities 3:00 Movies</p>	<p>7</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>8</p> <p>10:30 Catholic Service 11:00 1x1 Activities 1:30 Small Group Activities 3:00 Music with Phil & Mary</p>	<p>9</p> <p>10:00 1x1 Activities 10:30 Pam & Frankie Pet Visit 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>10</p> <p>10:00 Spiritual Service w/Dan 11:00 Group Activity 1:30 1x1 Activities 3:00 Music w/Kirk</p>	<p>11</p> <p> 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection/ Coloring or Sensory Activity</i> 3:00 Table Activities</p> 	<p>12</p> <p>10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 Movies</p>
<p>13</p> <p>10:00 Free Time 1:30 Small Group Activities 3:00 Movies</p> 	<p>14</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p> <p>PUMPKIN</p>	<p>15</p> <p>10:00 Town Ride 1:30 <i>Exercise / Active Game</i> 3:00 Music with Meg</p> 	<p>16</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Music w/ Lena</p> <p>FESTIVAL</p>	<p>17</p> <p>10:00 Spiritual Service w/Dan 11:00 Group Activity 1:30 Table Activities 3:00 1x1 Activities</p> 	<p>18</p> <p>10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection/ Coloring or Sensory Activity</i> 3:00 Table Activities</p> <p>WEEK!</p>	<p>19</p> <p>10:00 Free Time / Invites to Exercise Downstairs 1:30 Classical Piano w/ Nancy Dubow 3:00 Movies</p> 
<p>20</p> <p>10:00 Free Time 1:30 Small Group Activities 3:00 Movies</p>	<p>21</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>22</p> <p>10:30 Native American Flute Music w/ Sue Daniel 1:30 1x1 Activities 3:00 Small Group Activities</p>	<p>23</p> <p>10:00 1x1 Activities 10:30 Pam & Frankie Pet Visit 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>24</p> <p> 8:00 Macy's Thanksgiving Day Parade & 1x1 visitations/ Gratitude's 1:30 "Miracle on 34th Street" & Coloring</p> 	<p>25</p> <p>10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection/ Coloring or Sensory Activity</i> 3:00 Table Activities</p>	<p>26</p> <p>10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 Movies</p>
<p>27</p> <p>10:00 Free Time 1:30 Small Group Activities 3:00 Movies</p>	<p>28</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>29</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>30</p> <p>10:00 1x1 Activities 11:00 Sensory Discussion 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>Cognitive Word Games: Hangman, Name 10, Family Feud, Opposites, Lists, Trivia</p> <p>20 Questions: States/Capitals, Words from Words</p> <p>Table Games: Uno, Dominoes, Bingo, Dice Games, Bunco, Headbanz, Cards</p> <p>Table Activities: Crafts, Coloring, Puzzles, Trivia, Discussions, Choices, Reminiscing</p>		