



DOWNSTAIRS

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY!</p> <p>Gayl 12/2</p> <p>Rene 12/17</p> 	<p>Cognitive Word Games: Hangman, Name 10, Family Feud, Opposites, Lists, Trivia</p> <p>20 Questions: States/Capitals, Words from Words</p> <p>Table Games: Uno, Dominoes, Bingo, Dice Games, Bunco, Headbanz, Cards</p> <p>Table Activities: Crafts, Coloring, Puzzles, Trivia, Discussions, Choices, Reminiscing</p>			<p>1 10:00 Spiritual Service w/Dan 10:30 Group Discussion 11:00 Word Games 1:30 Games w/ John Small Group Activities 3:00 Table Games</p>	<p>2 10:00 1x1 Visits 1:30 Puzzles & 1x1s 2:15 Popcorn Party 3:00 Table Games</p>	<p>3 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p>
<p>4 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p>	<p>5 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>6 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Games 1:30 Small Group Activities 3:00 Music with Meg</p>	<p>7 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Pearl Harbor Day Discussion 1:30 Art & 1x1s 2:15 Ice Cream Social!  3:00 Table Games 5:30 Christmas Lights Tour!</p>	<p>8 10:00 Spiritual Service w/Dan 10:30 Group Discussion 11:00 Word Games 1:30 Games w/ John 3:00 Music w/Kirk 5:30 Christmas lights Tour!</p>	<p>9 10:00 1x1 Visits 1:30 Puzzles & 1x1s 2:15 Popcorn Party 3:00 Table Games</p>	<p>10 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p>
<p>11 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p>	<p>12 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>13 10:00 <i>Exercise</i> 10:30 Catholic Service 11:00 Word Games 1:30 Small Group Activities 3:00 Music with Phil & Mary</p>	<p>14 10:00 <i>Exercise</i> 10:30 Pam & Frankie Pet Visit 11:00 Trivia/Disc 1:30 Art & 1x1s 2:15 Ice Cream Social!  3:00 Table Games</p>	<p>15 10:00 Spiritual Service w/Dan 10:30 Group Discussion 11:00 Word Games 1:30 Games w/ John 3:00 90 Minute Christmas Concert with Tim</p>	<p>16 10:00 1x1 Visits 1:30 Puzzles & 1x1s 2:15 Popcorn Party 3:00 Table Games</p>	<p>17 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Classical Piano w/ Nancy Dubow 3:00 Movie</p>
<p>18  10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia 1:30 Free Time 3:00 Art Class</p> 	<p>19 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p>	<p>20 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Games 1:30 Small Group Activities 3:00 Table Games</p>	<p>21 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Art & 1x1s 2:15 Ice Cream Social!  3:00 Table Games</p>	<p>22 10:00 Spiritual Service w/Dan 10:30 Group Discussion 11:00 Word Games 1:30 Christmas Party with Santa! 3:00 Christmas Carols with Lena</p>	<p>23 10:00 1x1 Visits 1:30 Puzzles & 1x1s 2:15 Popcorn Party 3:00 Table Games</p>	<p>24 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p> 
<p>25  10:00 1x1 Visits 1:30 Small Group Activities 3:00 Christmas Movies</p> 	<p>26 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Trivia/Disc 1:30 Small Group Activities 3:00 Table Games</p> 	<p>27 10:00 Trivia/Disc 10:30 Native American Flute Music w/ Sue Daniel 1:30 Town Meeting 3:00 Table Games</p>	<p>28 10:00 <i>Exercise</i> 10:30 Pam & Frankie Pet Visit 11:00 Trivia/Disc 1:30 Art & 1x1s 2:15 Ice Cream Social!  3:00 Table Games</p>	<p>29 10:00 Spiritual Service w/Dan 10:30 Group Discussion 11:00 Word Games 1:30 Games w/ John Small Group Activities 3:00 Table Games</p>	<p>30 10:00 1x1 Visits 1:30 Puzzles & 1x1s 2:15 Popcorn Party 3:00 Table Games</p>	<p>31 10:00 <i>Exercise</i> 10:30 Active Game 11:00 Word Game 1:30 Free Time 3:00 Movie</p> 



UPSTAIRS

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY!</p> <p>Gayl 12/2</p> <p>Rene 12/17</p> 	<p>Cognitive Word Games: Hangman, Name 10, Family Feud, Opposites, Lists, Trivia</p> <p>20 Questions: States/Capitals, Words from Words</p> <p>Table Games: Uno, Dominoes, Bingo, Dice Games, Bunco, Headbanz, Cards</p> <p>Table Activities: Crafts, Coloring, Puzzles, Trivia, Discussions, Choices, Reminiscing</p>			<p>1 10:00 Spiritual Service w/Dan 1:30 Group Activity 3:00 Table Activities</p>	<p>2 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection / Coloring or Sensory Activity</i> 3:00 <i>Movies / Free Time</i></p>	<p>3 10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies</i></p>
<p>4 10:00 Free Time 1:30 Small Group Activities 3:00 <i>Movies</i></p>	<p>5 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies / Free Time</i></p>	<p>6 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 Music with Meg</p>	<p>7 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities 5:30 Christmas Lights Tour!</p>	<p>8 10:00 Spiritual Service w/Dan 1:30 Group Activity 3:00 Music with Kirk 5:30 Christmas Lights Tour!</p>	<p>9 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection / Coloring or Sensory Activity</i> 3:00 <i>Movies / Free Time</i></p>	<p>10 10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies</i></p>
<p>11 10:00 Free Time 1:30 Small Group Activities 3:00 <i>Movies</i></p>	<p>12 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies / Free Time</i></p>	<p>13 10:00 1x1 Activities 10:30 Catholic Service 1:30 Small Group Activities 3:00 Music with Phil & Mary</p>	<p>14 10:00 1x1 Activities 10:30 Pam & Frankie Pet Visit 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>15 10:00 Spiritual Service w/Dan 1:30 Group Activity 3:00 90 Minute Christmas Concert with Tim</p>	<p>16 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection / Coloring or Sensory Activity</i> 3:00 <i>Movies / Free Time</i></p>	<p>17 10:00 Free Time 1:30 Classical Piano w/ Nancy Dubow 3:00 <i>Movies</i></p>
<p>18  10:00 Free Time 1:30 Small Group Activities 3:00 <i>Movies</i></p> 	<p>19 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies / Free Time</i></p>	<p>20 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>21 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>22 10:00 Spiritual Service w/Dan 1:30 Christmas Party with Santa! 3:00 Christmas Carols with Lena</p>	<p>23 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection / Coloring or Sensory Activity</i> 3:00 <i>Movies / Free Time</i></p>	<p>24 10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies</i></p> 
<p>25  10:00 1x1 Visits 1:30 Small Group Activities 3:00 <i>Christmas Movies</i></p> 	<p>26 10:00 1x1 Activities 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies / Free Time</i></p> 	<p>27 10:00 1x1 Activities 10:30 Native American Flute Music w/ Sue Daniel 1:30 <i>Exercise / Active Game</i> 3:00 Small Group Activities</p>	<p>28 10:00 1x1 Activities 10:30 Pam & Frankie Pet Visit 1:30 <i>Exercise / Active Game</i> 2:15 Ice Cream Social!  3:00 Small Group Activities</p>	<p>29 10:00 Spiritual Service w/Dan 1:30 Group Activity 3:00 Table Activities</p>	<p>30 10:00 <i>Exercise / Active Game</i> 1:30 <i>Cookie Connection / Coloring or Sensory Activity</i> 3:00 <i>Movies / Free Time</i></p>	<p>31 10:00 Free Time 1:30 <i>Exercise / Active Game</i> 3:00 <i>Movies</i></p> 