



Notable Quotable

“During the gold rush it’s a good time to be in the pick and shovel business.”

~ Mark Twain, humorist



Community Events

Where everybody shines!

ONE STAGE FAMILY THEATRE PRESENTS

Disney **THE LITTLE MERMAID**

THURSDAY, AUG. 3, 2023 @ 7:00 P.M.
 FRIDAY, AUG. 4, 2023 @ 7:00 P.M.
 SATURDAY, AUG. 5, 2023 @ 1:00 P.M.
 SATURDAY, AUG. 5, 2023 @ 7:00 P.M.

AT
THE ELKS THEATRE
 TICKETS ARE \$20/ADULTS - \$15/ UNDER 18

ONE STAGE FAMILY THEATRE IS A REGISTERED 501(C)(3) 42-327292 ONESTAGEFAMILYTHEATRE.COM PRODUCED WITH PERMISSION BY MTT

ELKS THEATRE
 & PERFORMING ARTS CENTER

117 E. GURLEY ST. PRESCOTT, AZ 928-777-1370 PRESCOTTELKSTHEATRE.ORG

Prescott Valley Chamber of Commerce

30th Annual

Pronghorn GOLF CLASSIC

SATURDAY
AUGUST 19, 2023
 Prescott Golf Club

www.pvchamber.org

August Birthdays

Larry N.....11th
 Mike S.....13th
 Don G.....19th
 Jerry P.....30th



The Susan J Rheem Adult Day Center

August 2023

Our Team

Laura Dreibelbis
 Director

Eileen Trauthwein
 Wellness Nurse

Kerrie Petersen
 Activity Director

Abel Ramirez
 Transportation Director

Lorilynn Porter
 Administrative Assistant

Ethan Westling
 Chef

Chef Assistant
 Angelo

Care Partner Team
 Joy
 John
 Susie
 Linnan

Transportation Team
 David
 Gary
 Dave
 Dan
 Louise
 John

3407 N. Windsong Drive
 Prescott Valley, AZ 86314
 Phone (928) 775-3563 / Fax (928) 775-3591
www.adultcareservices.org



Desert Mirage

Each August, Nevada’s Black Rock Desert becomes home to a “pop-up” city of 80,000 people. The cultural phenomenon known as Burning Man will take place from August 27 to September 4 this year, and then the crowds will leave as spontaneously as they arrived, and the desert will return to its emptiness as if nothing ever happened.

What is Burning Man? Although there is plenty of music and art, it is not a music or arts festival. There are no stages or lineups of performers, and there are certainly no vendors hawking souvenirs. Nothing is for sale, and there are no profits to be made. Instead, the 80,000 attendees flock to the desert in a pilgrimage of self-expression. For nine days, the desert becomes a community of individuals dedicated to expressing themselves to the fullest. People erect their own art installations, stage their own performances, roam about in fanciful costumes, fly homemade flags, and help each other survive the harshness of the desert environment. With no stores nearby to furnish supplies, every attendee is required to bring their own survival necessities, including plenty of water and sunscreen.

No one can be an anonymous spectator. All attendees are expected to be fully engaged participants.

Why do tens of thousands of so-called “Burners” return to Burning Man year after year? For many, the event is a sanctuary of artistic self-expression, a communal expression of hope for the best that humanity has to offer. The camp-like atmosphere is eccentric, exciting, liberating, and dangerous, all at the same time. The desert has long been a setting of spiritual growth and regenerative power. The experience culminates with the burning of a massive wooden effigy, the Burning Man himself, a ritual that symbolizes the destruction of the old and





Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 10:00 Fitness Minute 10:10 The Lights over Sedona 10:30 Can Shoot Out/ Bible Study w/ Kerrie Green Thumbs 11:30 Sittercise 12:45 Porch Categories 1:15 Penny Pitching/ Sticky Wicket 2:15 Snack & August IQ</p>	<p>2 National Coloring Book Day 10:00 Wednesday Workout 10:10 The History of the Coloring Book 10:30 Basket Ball / Color & Sip Social 11:30 Rocking Fitness 12:45 Buzz Words 1:15 Corn Hole/ Chicago Dice 2:15 Snack & Color Show & Tell Raffle</p>	<p>3 10:00 Warm Up Stretch 10:10 Weekly Chronicles 10:30 Ladderball / Green Thumbs Hymns & Devotions 11:30 Light & Lively 12:45 Mad Libs 1:15 Card Hat Toss/ Farkle Scrapbooking 2:15 Snack & Modern Jeopardy</p>	<p>4 National Chocolate Chip Cookie Day 10:00 Friday Fitness 10:10 History of the Chocolate Chip Cookie 10:30 Bulls Eye Toss// All Boxed In Chocolate Chip Cookie Baking 11:15 Sittercise 12:45 Recipe Builder Choco Chip Creations 1:15 Lawn Darts / Three Card Ante Glamour 2:15 Snack & Humor is the Best Med</p>	
<p>7 10:00 Monday Morning Moving 10:10 Weekly Chronicles 10:30 Bulls Eye Toss/ Uno Creative Hour w/ Linnan 11:30 Rocking Fitness 12:45 Pictionary 1:15 Bocce Ball /Shut the Box Penny Ante 2:15 Snack & Random Trivia</p>	<p>8 10:00 Warm Up Stretch 10:10 Table Talk Tidbits 10:30 Balloon Baseball/ Green Thumbs Dollar Tree Shopping 11:30 Light & Lively 12:45 Wacky Words 1:15 Horse Shoes/ Thru the Window Bible Study w/ Kerrie 2:15 Snack & Pass the Popcorn</p>	<p>9 National Elvis Week Begins 10:00 Fitness Minute 10:10 Elvis Presley Fun Facts 10:30 Ring Toss / Rock & Roll Dice Elvis's Favorite Sandwich Cooking 11:30 Sittercise 12:45 Amazing King of Rock n Roll Mining 1:15 All Shook up Sing A Long/ Elvis Bingo 2:15 Snack & Elvis IQ</p>	<p>10 10:00 7 Min Stretch 10:10 The Healthy Sounds of Silence 10:30 Cornhole/ Green Thumbs Hymns & Devotions 11:30 Rocking Fitness 12:45 The Midas Touch Message 1:15 Hoy Cards/ Touch Down Dice Group Crossword 2:15 Snack & Jeopardy Trivia</p>	<p>11 Cowboys & Cowgirls Wanted Saddle up to the SJRC Ranch for a Rootin-Tootin Good Time. We will be trying our hand at some western inspired games , then Two Steppin with the Amazing Chuck B and indulging in a Good ole' fashion cowboy lunch. Dust off your boots and mosey on in for a for wild good time. So Come on in Y'all !!!</p>
<p>14 National Bowling Day 10:00 Fitness Minute 10:10 12 Striking Facts about Bowling 10:30 Skeet Bowling / Dice Roulette Bowling & Lunch @ Antelope Lanes 11:30 Sittercise 12:45 Mixed UP Elvis 1:15 Lawn Darts / Dice & Strikes Adult Coloring 2:15 Snack & Bowling Trivia</p>	<p>15 10:00 Gentle Stretch 10:10 Weekly Chronicles 10:30 Big Fish Toss/ Green Thumbs Bible Study w/ Kerrie 11:30 Rocking Fitness 12:45 Web Words 1:15 Basketball/ Bunco Rematch Veteran Woodworking w/ John 2:15 Snack & Fact or Fiction</p>	<p>16 Summer Songs Day 10:00 Wednesday Workout 10:10 Summer Vacation Funnies 10:30 Frisbee Toss / Home Run Base ball Green Thumbs Lemonade Social 11:30 Light & Lively 12:45 Peach Categories 1:15 60 Greatest Summer Songs Sing Along Crazy Blingy Sunglass Art 2:15 Snack & Jeopardy</p>	<p>17 Birthday Celebration 10:00 Warm Up Stretch 10:10 Famous Birthdays in History 10:30 Pop the Tail / Card Making Hymns & Devotions 11:30 Sittercise 12:45 Country Cousins 1:15 Singing & Dancing with The Country Cousins 2:15 Snack & Birthday Pictionary</p>	<p>18 10:00 Friday Fitness 10:10 Who, What, When 10:30 Pine Cone Bocce/ Touchdown Dice Plein Air Painting 11:30 Rocking Fitness 12:45 Vacation Secret Quote 1:15 Lawn Darts/ Farkle Short Story Club 2:15 Snack & Who Am I???</p>
<p>21 National Senior Citizen Day 10:00 Monday Moving 10:15 President Reagans Proclamation 10:30 Ladderball / Nine Times cards Keepsake Recipe book Craft 11:30 Light & Lively 12:45 Buzz Words 1:15 Singing & Dancing w/ Tim Anderson Cook Book Craft Continued 2:15 Snack & Seniors are a Hoot!</p>	<p>22 Beginning of American Sign Language 10:00 Warm Up Stretch 10:10 Communicating w/ Sign Language 10:30 Learn Simple Sign Language class Forgiven a Short Film (ASL) 11:30 Sittercise 12:45 Desert Oasis Mining 1:15 Putt Putt Golf/ Thru the Window Bible Study w/ Kerrie 2:15 Snack & ASL Trivia</p>	<p>23 10:00 Wake Up Wednesday 10:10 Weekly Chronicles 10:30 Desert Flora & Fauna Scavenger Hunt Small Sensory Group 11:30 Rocking Fitness 12:45 Mixed Up Desert Animals & Insects 1:15 Magnet Darts/ Adult Coloring Deserted in Death Valley 2:15 Snack & Desert Dry Humor</p>	<p>24 Arabian Nights Party If you had one wish what would it be? Ours would be that you join us on this magical day! We will be armchair traveling through the Sahara, making beautiful jewelry, trying our hand at a game of Trix, indulging in a meal fit for the Sahara prepared by our Chef Ethan and then Dancing away the after noon to the musical talents of Greg A. Wear your purple and jewels and join us for this spectacular event.</p>	<p>25 10:00 7 Min Stretch 10:10 Who, What, Where? 10:30 Tic Tac Toe Toss/ Marinetti Dice Dollar Tree Shopping 11:30 Sittercise 12:45 Word Hive 1:15 Bulls Eye Toss/ Dice & Strikes Veterans Wood Working w/ John 2:15 Snack & Dramatic Deserts</p>
<p>28 It's Ringer of a Day 10:00 Monday Morning Moving 10:10 The History of Horseshoe Pitching 10:30 Lucky Horse shoes/ Unlucky Sevens Horse Shoe Craft w/ Linnan 11:30 Rocking Fitness 12:45 The Lucky Horseshoe Mining 1:15 Horse Basketball/ Apples to Apples 2:15 Snack & Horseshoe Funnies</p>	<p>29 10:00 Fitness Minute 10:10 Weekly Chronicles 10:30 Arrow Shoot/ Green Thumbs Bible Study w/ Kerrie 11:30 Light & Lively 12:45 Word Web 1:15 Ladderball/ Round the Clock Dice Small Group Jeopardy 2:15 Snack & Humor is the Best Med</p>	<p>30 10:00 Wednesday Workout 10:10 Advice Man (Good or Bad?) 10:30 Can Jam / Dominoes Lunch Outing @ Canton Dragon 11:30 Sittercise 12:45 Spelling Roller Coaster 1:15 Big Fish Toss / Bonkers Dice Creative Hour w/ Linnan 2:15 Snack & Guess the Movie by the Song</p>	<p>31 It's a Gem of a Day 10:00 Warm Up Stretch 10:10 Birth Stone Meanings 10:30 Ring Toss/ Green Thumbs Hymns & Devotions 11:30 Rocking Fitness 12:45 Wrist Categories 1:15 Throw your Hat in the Ring/ Crazy 8's Gem Stone Archeological Dig 2:15 Snack & Gem Trivia and Mythology</p>	