

## Community Events



### Notable Quotable

“An optimist stays up until midnight to see the New Year. A pessimist stays up to make sure the old year leaves.”

~ Bill Vaughn, columnist



ALEX MACK MUSIC presents  
The Music of  
**Smokey Robinson**  
**CRUISIN'**  
Starring  
**Ira Hill**

With an iconic smooth-as-silk voice and the musical craftsmanship responsible for writing over 4,000 songs, Smokey Robinson was the all-in-one hit factory that could only be found in a place like the Motor City. Whether he was cruising his songs "Shop Around," "Tracks of My Tears," or "You've Really Got to Hold on to Me" to the top of the charts or clanking out his like "My Girl" and "Ain't that Peculiar" for his Motown stalwarts, Smokey is one of the most legendary figures in American music. Join us as we salute the King of Motown, Smokey Robinson.

**Sat, February 17th • 7:00pm**

Elks Theatre & Performing Arts Center  
928-777-1370  
www.prescottelksthreatre.org

Elks Performing Arts Center & Jester Comedy  
**COMEDY NIGHT**  
Featuring  
**PAUL FARAHVAR**  
**DRYBAR**

CHICAGO READER FOR BEST STAND UP COMEDIAN IN 2021

**THURSDAY DOORS 6PM**      **JANUARY 25 SHOW 7PM**

Elks Performing Arts Center - Crystal Hall  
3rd Floor - above Elks Performing Arts Center  
117 E Gurley St Prescott, AZ 86301  
Ticket info prescottelksthreatre.org

# January Birthdays

Walker A.....5th  
Tim G.....8th  
Suzanne B....13th  
Scot D.....23rd  
Lupe C.....25th  
Joe B.....25th

**HAPPY BIRTHDAY**

# The Susan J Rheem Adult Day Center

January 2024

3407 N. Windsong Drive  
Prescott Valley, AZ 86314  
Phone (928) 775-3563/Fax (928) 775-3591  
www.adultcareservices.org

## Our Team

**Laura Dreibelbis**  
Director

**Eileen Trauthwein**  
Wellness Nurse

**Kerrie Petersen**  
Activity Director

**Abel Ramirez**  
Transportation Director

**Candace Lea MBA**  
Care Manager

**Lorilynn Porter**  
Administrative Assistant

**Karensa Bain**  
Chef

**Chef Assistant**  
Angelo

**Care Partner**  
Team  
Joy  
John

**Transportation**  
Team  
David  
Gary  
Dan  
John

## It's a New Year, Baby!

Baby New Year, a symbol deeply rooted in the traditions of welcoming the new year, carries with it a fascinating history. The concept of Baby New Year dates back to ancient Greece and Rome, where it was associated with the god of time, Cronus or Saturn. In these ancient civilizations, it symbolized the cyclical nature of time and the renewal of life that comes with each passing year. Over time, the concept evolved and found its place in various cultures and traditions.

In modern times, the image of Baby New Year has become synonymous with the transition from December 31 to January 1. You've likely seen illustrations of a plump, diaper-clad baby sporting a sash bearing the year's new number. This charming figure embodies hope, renewal, and the endless possibilities of the year ahead.

Beyond the symbolic figure of Baby New Year, many cultures celebrate the birth of New Year's babies in a more literal sense. It's considered an auspicious sign to be the first baby born in the new year, with parents often receiving special attention and gifts.

These "New Year's babies" serve as a reminder of the perpetual cycle of life and the promise of fresh beginnings.

In the United States, the tradition of selecting a Baby New Year to represent the upcoming year is a common practice in media and advertisements. This tradition allows for creative interpretations of the baby's persona, reflecting cultural trends, hopes, and aspirations.

Baby New Year, with its rich historical roots and modern symbolism, reminds us of the continuous flow of time and the opportunities that each new year brings. Whether portrayed as a cherubic infant or celebrated through the birth of actual New Year's babies, this tradition serves as a heartwarming reminder that with each passing year, we have the chance to start anew and make the most of the time that lies ahead.





**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



2  
 10:00 Fitness Minute  
 10:10 Funny New Years Resolutions  
 10:30 Shuffleboard/ Small Group Sensory Bible Study  
 11:30 Light & Lively  
 12:45 What's "New" with you?  
 1:15 Ring Toss/ Crazy 8's Adult Coloring  
 2:15 Snack & Who, What, When?

3  
 10:00 Wednesday Workout  
 10:10 What's New in 2024  
 10:30 Bulls Eye Toss/ Royal Snow Pile  
 11:30 Sittercise  
 12:45 Pictionary  
 1:15 Throw your Hat in the Ring/ Uno Red Hat Ladies Meeting  
 2:15 Snack & Eating Grapes & Resolutions

4  
 10:00 Gentle Stretch  
 10:10 Weekly Chronicles  
 10:30 Spring Ball/ Small Group Sensory Hymns & Devotions  
 11:30 Rocking Fitness  
 12:45 Birds Categories  
 1:15 Card Hat Toss/ Marinetti Dice Hand Massages  
 2:15 Snack & Random Trivia

5 **Funny Basketball Day**  
 10:00 Friday Fitness  
 10:10 Funny B-Ball Bloopers  
 10:30 Basket Ball / Farkle Small Group Sensory  
 11:30 Light & Lively  
 12:45 Funny B-Ball Slang Write Word  
 1:15 Bocce Ball / Basket Ball Dice Penny Ante  
 2:15 Snack & The Best Basket Ball Funnies

8 **Happy Birthday Elvis**  
 10:00 Monday Moving  
 10:10 Fun Facts about the "King"  
 10:30 Elvis' Favorite Sport (Football) Elvis Bingo  
 11:30 Sittercise  
 12:45 Elvis Secret Quote  
 1:15 Ladderball / Elvis Crossword Elvis's Favorite Sammy Cooking  
 2:15 Snack & How well do you know Elvis?

9  
 10:00 Warm Up Stretch  
 10:10 Weekly Chronicles  
 10:30 Lawn Darts/ Bible Study  
 11:30 Rocking Fitness  
 12:45 Wacky Words  
 1:15 Penny Pitching/ Bonkers Dice Scrapbooking  
 2:15 Snack & Jeopardy Trivia

10  
 10:00 Gentle Stretch  
 10:10 The Monthly Gazette  
 10:30 Corn Hole/ Dice Roulette **Lunch Outing to Lindo Mexico**  
 11:30 Light & Lively  
 12:45 Clown Categories  
 1:15 Big Fish Toss/ Black Jack Adult Coloring  
 2:15 Snack & Laughter is the Best Medicine

11 **Let it Snow Day**  
 10:00 Fitness Minute  
 10:10 50 Mind Blowing Snow Facts  
 10:30 Ice Breakers/ Small Group Sensory Hymns & Devotions  
 11:30 Sittercise  
 12:45 Match the Snow Facts  
 1:15 Snow Ball Toss/ Roll a Snowman Snow Flake Crystal Making  
 2:15 Snack & How well do you Snow?

12  
 10:00 Morning Fitness  
 10:10 Star of the Month  
 10:30 Hoy Card / Face Off Dice Veterans Wood Working Class w/ John  
 11:30 Rocking Fitness  
 12:45 Word Jumble  
 1:15 Horse Shoes/ Bunco Rematch Creative Hour w/ Joy  
 2:15 Snack & Funny Tidbits

15 **Martin Luther King Day**  
 10:00 Fitness Minute  
 10:10 What is Martin Luther King Day?  
 10:30 Can Jam/ Can You Beat That Small Group Sensory  
 11:30 Light & Lively  
 12:45 King Categories  
 1:15 Ring Toss/ Run for it Dice  
 2:15 Snack & MLK Trivia

16  
 10:00 10 Min Stretch  
 10:10 We Shall Overcome  
 10:30 Ladderball / Touch Down Dice **Dollar Tree Shopping**  
 11:30 Sittercise  
 12:45 Customer Service Mining  
 1:15 Spring Ball/ Short-Story Club Bible Study  
 2:15 Snack & Which Came Last?

17  
 10:00 Wake Up Wednesday  
 10:10 Weekly Chronicles  
 10:30 Arrow Shoot/ Shut the Box  
 11:30 Rocking Fitness  
 12:45 Going by "Car" Clue  
 1:15 Shuffle Board/ Marinetti Dice Helpful Eyeglass Holder Craft  
 2:15 Snack & Who, What, When

18 **Birthday Celebration**  
 10:00 Stretch & Flex  
 10:10 Happy Birthday January  
 10:30 Pop Toss / Hymns & Devotions  
 11:30 Country Cousins  
 1:15 Singing & Dancing with The Country Cousins Group Crossword  
 2:15 Snack & Oh Baby! Trivia

19 **Winter Wonderland Party**  
 The weather outside is frightful, but at SJRC it is so delightful. Join us to today for winter fun. We will be making winter treats, enjoying hot cider and having our annual snow ball fight. Wear you blue and white and get ready to be "Walking in a Winter Wonderland" Chef Karensa will be making a special warm and cozy meal to enjoy. This will be a ball... **It's Gonna Be SNOWTASTIC**

22  
 10:00 Monday Morning Moving ..  
 10:10 Weekly Chronicles  
 10:30 Arrow Shoot/ Nix the Six Life Long Learning  
 11:30 Sittercise  
 12:45 MLK Trivia  
 1:15 Rocket Birdie/ Thru the Window Home Run Baseball Dice  
 2:15 Snack & MLK Famous Quotes

23 **National Pie Day**  
 10:00 Warm Up Stretch  
 10:10 The Great Pie Crust Debate  
 10:30 Floor Yahtzee/ Small group Sensory Bible Study  
 11:30 Rocking Fitness  
 12:45 Pie Recipe Builder  
 1:15 Card Hat Toss/ Farkle No Bake Lemon Pie Class  
 2:15 Snack & Perfect Pies

24  
 10:00 Wednesday Workout  
 10:10 Bringing Up Baby  
 10:30 Bocce Ball / Shut the Box Veterans Wood Working Class w/ John  
 11:30 Light & Lively  
 12:45 Pictionary  
 1:15 Putt Putt Golf/ Touch Down Dice Red Hat Ladies Meeting  
 2:15 Snack & January EZ Does it

25  
 10:00 Gentle Stretch  
 10:10 Funny Tidbits  
 10:30 Horse Shoes / Small Group Sensory Hymns & Devotions  
 11:30 Sittercise  
 12:45 Print Categories  
 1:15 Singing with Greg A. Small Group Jeopardy  
 2:15 Snack & Jeopardy Trivia

26  
 10:00 Friday Fitness  
 10:10 Remembering Growing up w/ Siblings  
 10:30 Football Toss/ Unlucky Sevens **Lunch Outing @ A&W**  
 11:30 Rocking Fitness  
 12:45 Word Webs  
 1:15 Frisbee Bocce / Bingo  
 2:15 Snack & Who, What, When?

29 **National Puzzle Day**  
 10:00 Monday Morning Fitness  
 10:10 The Surprising Benefits of Puzzles  
 10:30 Hidden in Plain Sight Puzzle/ Hoy Cards/ All Boxed In  
 11:30 Light & Lively  
 12:45 A Puzzling Puzzle  
 1:15 Guitar with Tim Anderson  
 2:15 Snack & 101 Brain Teaser Puzzles

30  
 10:00 Stretch & Flex  
 10:10 Weekly Chronicles  
 10:30 Lawn Darts/ Bible Study  
 11:30 Sittercise  
 12:45 Buzz Words  
 1:15 Penny Pitching/ Thru the Window Farkle Challenge  
 2:15 Snack and Modern Day Jeopardy

31 **A "Spare" of a Day**  
 10:00 Wednesday Workout  
 10:10 12 Striking Facts about Bowling  
 10:30 Skeet Bowling/ Rock Around the Clock **Dollar Tree Shopping**  
 11:30 Rocking Fitness  
 12:45 Bowling Party Detective  
 1:15 Ready Steady Roll / Dice & Strikes  
 2:15 Snack & Bowling Funnies

