Notable Quotable

"If your ship doesn't come in, swim out to it."

~ Jonathan Winters, comedian

Community Events

November Birthdays

David H.....6th
Rosella W.....7th
Don B.....12th
Betty K.....16th
Jolee H.....26th

The Susan J Rheem Adult Day Center

November 2025

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Prescott Valley, AZ 86314
Phone (928) 775-3563/Fax (928)775-3591
www.adultcareservices.org

Our Team

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Director

Jane Parnell
Wellness Nurse

Kerrie Wetzel
Activity Director

Transportation Director

Heather Schumaker
Administrative Assistant

Susie Bragg
Care Manager

Brian Perry
Chef

Chef Assistant
Debbie

Care Partner Team
John
Janice
Hannah
Kaylee
Toni

Transportation Team
David
Dave
Bill
Danielle
Diane
Nora

Talkin' Turkey (and Chickens)

When it comes to barnyard birds, turkeys and chickens rule the roost, but not in the same way. November might be the turkey's time to shine (or roast), but chickens hold their own all year long.

Let's start with turkeys. Wild ones can fly—surprisingly fast and far, actually—and they sleep in trees. They're also pretty clever at dodging predators and, yes, humans. Domesticated turkeys, on the other hand, aren't quite so nimble. Their flashy fans and "gobble gobble" calls are iconic this time of year, but only the males gobble; females stick to more modest clucks and chirps.

Chickens, meanwhile, are the overachievers of the coop. They come in all sorts of breeds, from poofy-headed Polish chickens to speckled Sussex. They each lay about 250–300 eggs a year, which is pretty impressive considering they're also known to chase bugs, peck your shoelaces, and form complicated social hierarchies.

In fact, chickens have become so popular that many people now keep them in their backyards. Urban and suburban chicken-keeping has taken off in recent years, with folks raising hens not just for fresh eggs but also for their quirky personalities and surprisingly therapeutic company. You don't need a full farm—just a small coop, a little space, and a willingness to embrace a bit of daily chicken drama. Turkeys are the customary Thanksgiving centerpiece, but more people are switching things up these days, serving roast chicken, Tofurky, or lasagna layered with roasted squash. Whether you prefer a traditional meal or trying

2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Monday Moving 10:10 The Weekly Chronicles 10:30 Bocce Ball / Chicago Dice Ginger Bread House Meeting 11:30 Light & Lively 12:45 Bread Categories 1:15 Corn Hole / Crazy 8's Mindful Memory 2:15 Snack & Who, What , When?	**4 Amazing Chimpanzee's Day** 10:00 Simple Stretch 10:10 How well do you know Chimps?? 10:30 Frisbee Bocce / Can You Beat That? Bible Study 11:30 Rocking Fitness 12:45 Let's Monkey Around Clue 1:15 Axe Throwing / Bonkers Dice Life Long Learning the Story of Jane Goodall 2:15 Chunky Monkey Smoothies & Laughs	5 10:00 Wednesday Workout 10:10 The Monthly Gazette 10:30 Basketball / Unlucky Sevens Ginger Bread House 11:30 Sittercise 12:45 Girls Categories 1:15 Bulls Eye Toss / Can You Beat That? Ginger Bread House 2:15 Snack & November EZ Does It	6 10:00 Morning Fitness 10:10 Let's Reminisce 10:30 **A Special Presentation by The Highway Home** 11:30 Light & Lively 12:45 Wacky Words 1:15 Football Toss/ Bingo Ginger Bread House 2:15 Snack & Modern Day Jeopardy	**7** 10:00 Friday Fitness 10:10 Pondering Prompts 10:30 Big Fish Toss / Stuck in the Mud **Salute to Veterans Appreciation Lunch** 11:30 Rocking Fitness 12:45 Link Letters 1:15 Hoy Cards / Marinetti Dice Ginger Bread House 2:15 Snack & Scattergories
10 10:00 Warm Up Fitness 10:15 The Doolittle Raid 10:30 Axe Throwing/ Jokers Wild Gingerbread House 11:30 Sitttercise 12:45 Patriotic Fill In The Blank 1:15 Rocket Birdie Launch / Race To Ten Gingerbread House 2:15 Snack & Jeopardy Trivia	**11 Veterans Day Celebration** **Today we are grateful for our Military Service Personnel both past and present and the families who support them. Please join us today as we pay tribute to all the Veterans among us. We will reminiscing, testing our military knowledge and enjoying a very special tribute by Chuck B. Let us honor those who have given us Freedom** ***THANK YOU FOR YOUR SERVICE!!***	12 10:00 Wake Up Wednesday 10:10 Weekly Chronicles 10:30 Stuck in the Middle/ Trinominoes Gingerbread House 11:30 Rocking Fitness 12:45 Chain Reaction Words 1:15 Balloon Tic Tac Toe / Mexican Dice Gingerbread House 2:15 Snack & Mix Yellow & Red ??	13 10:00 Gentle Stretch 10:10 Funny Little Tidbits 10:30 Ladder ball / Bonkers **Dollar Tree Shopping** 11:30 Sittercise 12:45 Watch Categories 1:15 Horse Shoes/ Gingerbread House Hymns & Devotions 2:15 Snack & Who, What, Where?	**14 National Pickle Day** 10:00 Stretch & Flex 10:10 The Year Juicy History 10:30 Ring Toss / LCR Dice Refrigerated Pickle Making Class 11:30 Light & Lively 12:45 Pickle Everything 1:15 Basket Ball / In a Pickle Cards Pickle Making (cont.) 2:15 Snack & Pick a Peck of Pickled Peppers
17 10:00 Fitness Minute 10:10 Autumn Would You Rather?? 10:30 Throw Your Hat in the Ring/ LCR Gingerbread House 11:30 Rocking Fitness 12:45All About Autumn Write Word Game 1:15 Musical Balls / Jokers Wild Gingerbread House 2:15 Snack & Hunting True or False?	18 **Happy Birthday Mickey** 10:00 Tuesday Tone Up 10:10 Who Am I? 10:30 Steam Boat Mickey / Bible Study **Lunch Outing @ The Backburner** 11:30 Sittercise 12:45 The Mickey Mouse Club Mining 1:15 Ring Toss/ Ginger Bread House Bible Study 2:15 Snack & Mickey Funnies	19 **Gettysburg Address Anniversary** 10:00 Wednesday Workout 10:10 The Reading of the Gettysburg Address 10:30 Lincoln Penny Pitching /EZ Does It Gingerbread House 11:30 Light & Lively 12:45 Delta Categories 1:15 **Singing and Dancing w/ Greg A.** Lincoln Penny Drop 2:15 Snack & Jeopardy Trivia	**20 November Birthday Celebration** 10:00 Simple Stretch 10:10 Happy Birthday November 10:30 Pop the Tail/ Gingerbread House Hymns & Devotions 11:30 Rocking Fitness 12:45 Country Cousins 1:15 **Singing & Dancing with The Country Cousins** Gingerbread House 2:15 Snack & Scattergories	21 10:00 Friday Fitness 10:10 Weekly Chronicles 10:30 Turkey Sling Shot / Stuck in the Mud Ginger Bread House Finale 11:30 Sittercise 12:45 Thank Categories 1:15Balloon Volley Ball / Farkle Ginger Bead House Finale 2:15Snack & Who What When ?
24 10:00 Monday Morning Moving 10:10 True or "Fowl" 10:30 Turkey Arrow Shoot/ Nix the Six Dice **Dollar Tree Shopping** 11:30 Light & lively 12:45 Tom Turkey Takes A Ribbing 1:15 **Guitar w/ Tim Anderson/** Gazenbord a Goosey Game 2:15 Snack & Thankful Thanksgiving Humor	25 10:00 Stretch & Flex 10:10 Weekly Chronicles 10:30 Turkey Toss / Face Off Dice Thanksgiving Bible Study 11:30 Rocking Fitness 12:45 Turkeys and Chickens Mining **A Special Holiday Presentation by The Desert Rose Dancers** 12:15 Snack & Turkey Ticklers	26 **SJRC Thanksgiving** **Join us today as we give thanks for all the gifts in our lives. We will be playing Turkey inspired games. Indulging in a divine Thanksgiving feast prepared by Chef Brian and dancing the afternoon away with the amazing talent of Sky Daddy. We are truly thankful for all our incredible Participants and their family's.** ***HAPPY THANKSGIVING***		