Notable Quotable

"From our ancestors come our names, but from our virtues our honors."

~ old Latin proverb

Community Events

March Birthdays

Bill H.....4th
Barbara W.....26th
Elodia G.....28th
Frank R.....28th

The Susan J Rheem Adult Day Center

March
2026

3407 N. Windsong Drive
Prescott Valley, AZ 86314
Phone (928) 775-3563/Fax (928)775-3591
www.adultcareservices.org

Our Team

Laura Dreibelbis
Director

Georgianna Bruso
Wellness Nurse

Kerrie Wetzel
Activity Director

Justin Cornell
Transportation Director

Wendy Hansen
Enrollment Coordinator

Administrative Assistant

Brian Perry
Chef

Debbie
Chef Assistant

Care Partner Team
John
Janice
Hannah
Toni
Marty

Transportation Team
David
Dave
Nora
Danielle
Diane
Paul

Housekeeping
Monica

A Broadway Classic Turns 70

Seventy years ago, on March 15, 1956, *My Fair Lady* opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record-setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle's transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her. Although the original production reflected mid-20th-century attitudes, many modern viewers see Eliza's arc as a useful lens on empowerment—an idea that aligns neatly with March's Women's History Month. Her pushback against Professor Higgins feels more relevant now than ever.

The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny.

While *My Fair Lady* presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters' world.

The anniversary arrives just ahead of World Theatre Day on March 27, a reminder of how live performance continues to bridge generations. Few shows have matched the musical's staying power. *My Fair Lady* still invites audiences to reflect on identity, opportunity, and the ways people reinvent themselves. For a production rooted in another century, its voice remains remarkably current—and still worth hearing.

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Monday Morning Fitness 10:10 Finish the Song Lyric 10:30 Rocket Birdie Launch / Bonkers Adult Coloring on the Patio 11:30 Sittercise 12:45 Pluto Categories 1:15 Magnet Dice /Nix the Six Mindful Memory 2:15 Snack & Who What When?	3 10:00 Warm Up Stretch 10:10 Weekly Chronicles 10:30 Bulls Eye Toss /Bible Study **Lunch @ Kalavara's** 11:30 Light & Lively 12:45 Thing Categories 1:15 Shuffle Board / Face Off Dice Thru the Window Patio Time 2:15 Snack & March IQ	4 10:00 Wednesday Workout 10:10 Gender Reveal Game 10:30 Frisbee Oh No! Trinominoes 11:30 Rocking Fitness 12:45 Covent Garden Mining 1:15 Seated Volley Ball/ Stuck in the Mud Green Thumbs 2:15 Snack & Scattergories	5 10:00 Stretch & Flex 10:10 Riddle Me This 10:30 Special Presentation by the "Highway Home" 11:30 Sittercise 12:45 Chinese New Year Clue 1:15 Axe Throwing / Uno Rematch Veterans Woodworking Class 2:15 Snack & Random Trivia	6 *Chinese New Year* Today we celebrate the Year of the Horse. We will be exploring Chinese traditions for the new year and seeing how lucky we are with some gambling games (A Chinese Tradition) Bring your appetite Chef Brian will be creating a spectacular Chinese lunch!
9 10:00 Monday Moving 10:10 Drama Club 10:30 Penny Pitching /Ship Captain Crew Hand Massages 11:30 Light & Lively 12:45 And the Oscar Goes to….. 1:15 Pine Cone Bocce/ Shut the Box Short Story Club 2:15 Snack & Scattergories	10 **Perfect Score Day** 10:00 Morning Warm Up 10:10 Lucky Strike William Knox 1913 10:30 Bowling / Dice & Strikes Bible Study 11:30 Rocking Fitness 12:45 Mixed Up Bowling 1:15 Bocce Bowling / Bowling Dice Sports Phrases Men's Group 2:15 Snack & Pass the Pop Corn	11 10:00 Wake Up Wednesday 10:10 Weekly Chronicles 10:30 Lawn Darts/ Nix the Six Mindful Memory 11:30 Sittercise 12:45 On The Radio Clue 1:15 Horse Shoes/ Rock Around the Clock Green Thumbs 2:15 Snack & Modern Day Jeopardy	12 10:00 Warm Up Stretch 10:10 Star of the Month 10:30 Magnet Darts/ Lil' Leprechaun Pin Craft Hymns & Devotions / **Dollar Tree Outing** 11:30 Light & Lively 12:45 Famous "Reds" Clue 1:15 Card Hat Toss / Bingo Lil' Leprechaun Craft (Cont.) Walking Club 2:15 Snack & Who Am I??	13 **The Rain in Spain Day** 10:00 Friday Fitness 10:10 From Mythology to My Fair Lady 10:30 Remembering The Classic Musical Raspberry Cream Cheese Squares Baking 11:30 Rocking Fitness 12:45 The Rain in Spain Clue 1:15 Umbrella Toss / Race to Ten High Tea Ladies Group 2:15 Snack & My Fair Lady Trivia
16 10:00 Fitness Minute 10:10 Truth of Blarney 10:30 Ladder ball / Crazy 8's Mindful Memory 12:45 St . Patrick's Rhyme Time 1:15 Throw You Hat in the Ring 3 Card Penny Ante/ Green Thumbs 2:15 Snack & March EZ Does	17 **St. Patrick's Day Party** Today is your LUCKY Day!!!! Join us today for a day full of Irish fun and food. We will be playing games of luck and try our hand at growing our own shamrock. Then we will rocking out and dancing with the Psychedelic Cowboy" You don't want to miss it! ***May the luck of the Irish be with you***	18 **March Madness Begins** 10:00 Wednesday Warm Up Stretch 10:10 All About March Madness 10:30 Basket Ball/ Marinetti Dice 11:30 Rocking Fitness 12:45 Hoops Categories 1:15 Golf Darts / LCR Dice Women in History Ladies Group 1:15 Snack & St. Patrick's Day Message	19 **Birthday Celebration** 10:00 Gentle Stretch 10:10 Happy Birthday March 10:30 Pop the Tail Hymns & Devotions Happy Camper Craft 11:30 Sittercise 12:45 Country Cousins 1:15 Dancing w/ The Country Cousins Happy Camper (cont.) 2:15 Snack & Humor is the Best MEd	20 10:00 Fit Friday 10:10 Weekly Chronicles 10:30 Axe Throwing / Dice Roulette **Lunch @ Thai Cafe** 11:30 Light & Lively 12:45 Nature Walk Pass it On 1:15 Bocce Ball /Unlucky Sevens Mindful Memory 2:15 Snack & Scattregories
23 **International Day of Forests** 10:00 Gentle Stretch 10:10 Where Am I ? 10:30 Ladder ball / Puzzling Trees Leaf Art Walk 11:30 Rocking Fitness 12:45 PINES Categories 1:15 Singing with Tim Anderson How to Survive in the Forest Men's Group 2:15 Snack & Jeopardy Trivia	24 10:00 Tuesday Tone Up 10:10 Guess that TV Tune 10:30 Card Hat Toss/ Farkle **Dollar Tree Shopping** 11:30 Sittercise 12:45 Crafting List It Game 1:15 Ladder ball/ Adult Coloring Bible Study 2:15 Snack & Who What When?	25 **Baseball MLB Opening Day** 10:00 Wednesday Workout 10:10 Who's on First? 10:30 Balloon Baseball / Baseball Dice Bases Loaded with Laughs 11:30 Light & Lively 12:45 Designated Hitter Mining 1:15 Guitar with Greg A. 2:15 Snack & Talkin' Baseball	26 10:00 7 Minute Stretch 10:10 Ducking Fate 10:30Big Fish Toss / Scrapbooking Hymns & Devotions 11:30 Rocking Fitness 12:45 Wacky Words 1:15 Can Jam / Veterans Wood Working Spring Time Social on the Patio 2:15 Snack & You be The Verdict	27 **Spring Fling** " And just like that…..winter opened cold bleary eyes to the new born colors of spring"! Today we say goodbye to the cold winter and hello to the warm days of spring. Join us as we celebrate all things spring. We will have a lemon-ade social in the garden and decide what we would like to grow this year. Chef Brian will be making a light refreshing springtime lunch and we will be enjoying the musical talents of the Past-Tastics. . *SEE YOU THERE!!!!!*
30 10:00 Monday Moving 10:10 Weekly Chronicles 10:30 Corn Hole/ Marinetti Dice Walking Club 11:30 Sittercise 12:45 Mixed Up Landmarks of the World 1:15 Horseshoes/Marinetti Dice Guy Talk on the Patio 2:15 Snack & Pushing the Envelope	31 10:00 Fitness Minute 10:10 Tongue Twister with a Twist 10:30Ladderball / Bible Study **Dollar Tree Shopping** 11:30 Light & Lively 12:45 Names Categories 1:15 Hoy Cards / Double Thief Cards Adult Coloring 2:15Snack & Jeopardy Trivia			